

Marianne Frech, MScN

SNSF PhD student

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Academic Education

Since 10/2017	Department of Nursing, University of Vienna, Austria Doctorat in Nursing Science Thesis: „ <i>Young Carers and Young Adult Carers in Switzerland: Impact and Outcomes of their Caring Role and their Needs for Support. Development of a Theoretical Understanding of Support Approaches, Interventions and Provision</i> ”
2015 – 2016	Kalaidos University of Applied Sciences, Department Health, Zurich, Switzerland Master in Science in Nursing
2012 – 2015	Institute for Nursing Sciences, University of Basel, Switzerland Master in Nursing Science
2007 – 2009	Kalaidos University of Applied Sciences, WE'G, Aarau, Switzerland Bachelor in Nursing Science

Employment History

Since 10/2016	Careum Research, Research Institute of the Kalaidos University of Applied Science, Department of Health, Zurich, Switzerland PhD student Young Carers in Switzerland SNF Money Follows CH – UK
2015 – 2016	Careum Research, Research Institute of the Kalaidos University of Applied Science, Department of Health, Zurich, Switzerland Research Assistant Research Team Young Carers in Switzerland
2014 – 2016	Spitäler AG, Solothurn, Switzerland Clinical Nurse Specialist in Cardiology
2011 – 2014	Lindenhofgruppe, Bern, Switzerland Clinical Expert in Nursing
2001 – 2011	Spitäler AG, Solothurn, Switzerland Registered Nurse and Nurse for Vocational Education

Publications (last five years)

Journals (peer reviewed)

Frech, M., Nagl-Cupal, M., Leu, A., Schulze, G.S., Spittel, A.M. (2018, under review). Who are «Young Carers»? Analysis of the Use of the Term in German Speaking Countries and Development of a Definition. *International Journal of Health Professions*.

Leu A, **Frech M**, Jung C. (2018, in Press) Young carers and young adult carers in Switzerland: Caring roles, ways into care and the meaning of communication. *Health Soc Care Community*. 00:1–10.
<https://doi.org/10.1111/>

Leu A, **Frech M**, Jung C. (2018). «You don't look for it» – A study of Swiss Professionals' Awareness of Young Carers and their Support Needs. *Health & Social Care in the Community*. [doi:10.1111/hsc.12574](https://doi.org/10.1111/hsc.12574)

Leu, A., Jung, C., **Frech, M.**, Sempik, J., Moser, U., Verner, M., & Becker, S. (2018). Study protocol: young carers and young adult carers in Switzerland. *BMC Health Services Research*, 18(1), 183.
[doi:10.1186/s12913-018-2981-5](https://doi.org/10.1186/s12913-018-2981-5)

Journals (non-peer reviewed)

Leu, A., & **Frech, M.** (2018). Wenn junge Menschen pflegen. *Behinderung & Politik*, 67(1), 9–11.

Leu, A., Jung, C., & **Frech, M.** (2017). Junge Menschen als pflegende Angehörige. *Schulblatt AG/SO*, (5), 40–41.

Leu, A., Jung, C., & **Frech, M.** (2016). Erwachsene, Jugendliche und junge Erwachsene als pflegende Angehörige in der Schweiz. *Paediatrica*, (27), 1–3.

Leu, A., Jung, C., & **Frech, M.** (2016). Kinder und Jugendliche sind besonders schutzbedürftig: Kinder, Jugendliche und junge Erwachsene als pflegende Angehörige in der Schweiz. *Clinicum*, (4), 39–41.

Leu, A. & **Frech, M.** (2015). Noch unsichtbar, aber nicht vergessen: Pflegende Kinder, Jugendliche und junge Erwachsene. *Krankenpflege – Soins infirmiers*, 108(8), 8–10.

Leu, A. & **Frech, M.** (2015). Encore méconnus, mais pas oubliés: Enfants, adolescents et jeunes adultes aidants. *Krankenpflege – Soins infirmiers*, 108(8), 56–58.

Leu, A. & **Frech, M.** (2015). Si conoscono ancora poco, ma non sono dimenticati: Bambini, adolescenti e giovani adulti curanti. *Krankenpflege – Soins infirmiers*, 108(8), 78–80.

Leu, A., & **Frech, M.** (2015). Verborgene Kinder sichtbar machen. *Pflegerecht*, 4(4), 229–233.

Media

Frech, M. (2017). Young Carers Schweiz: Erste Forschungsergebnisse. Erste Studiendaten zu pflegenden Kindern, Jugendlichen und jungen Erwachsenen in der Schweiz liegen vor. Sie werden am 24.3.2017 in Neuchâtel präsentiert. Hg. v. Careum. Careum Blog.

Presentations

Frech, M., Jung, C. & Leu, A. (2018). Young Carers in Switzerland - Why and How should physicians identify them? Posterpräsentation. fPmh Kongress. Lausanne, 24.05.2018.

Frech, M., Jung, C., Leu, A. (2017). Who cares? Findings from a Quantitative Survey of Professionals' Awareness of Young Carers in Switzerland. Präsentation. 7th International Carers Conference. carers australia. Adelaide, Australien, 05.10.2017.

Frech, M., Jung, C. & Leu, A. (2017). Do we know what they need? Identifying young carers' and young adult carers' needs. Posterpräsentation. 7th International Carers Conference. carers australia. Adelaide, Australien, 05.10.2017.

Leu, A. & **Frech, M.** (2017). Young Carers and Young Adult Carers Research in Switzerland – first results and practice tool for professionals. 2nd International Young Carers Conference «Every Child has the Right to...». Eurocarers. Malmö, 29.05.2017.

Leu, A., **Frech, M.** & Jung, C. (2017). Young Carers – «Dialog und Erfahrungsberichte». End of Project Conference. Careum Forschung; Fakultät für Geisteswissenschaften der Universität Neuchâtel; Departement für Gesundheit und Gesundheitsförderung der Stadt La Chaux-de-Fonds. Neuchâtel, 24.03.2017.

Frech, M. (2016). Methodology of quantitative content analysis: possibilities and limits in research practice. Participation. Weingarten, 05.10.2016.

Frech, M. (2016). Participation PSY International Congress for mental health: Mental Health from a Generation Perspective. Basel, 18.08.2016.

Leu, A., & **Frech, M.** (2016). Triple I in der Young Carers Forschung in der Schweiz: Interprofessionell – International – Interinstitutionell: Ohne Vernetzung kommt der Stein nicht ins Rollen. Posterpräsentation. Kongress für Gesundheitsberufe. Inselspital. Bern, 04.03.2016.

Leu, A., Lewicki, S., Rhyner, T. & **Frech, M.** (2016). Verlangt Multimorbidität nach mehr Interprofessionalität? Oder verderben zu viele Köche den Brei? Posterpräsentation. Kongress für Gesundheitsberufe. Inselspital. Bern, 04.03.2016.

Frech, M. & Bischofberger, I. (2016). «Die PatientInnen von der langen Leine lassen». Neue Wege in der Infusionstherapie. Poster. SBK-Kongress. Davos Kongresszentrum, 01.06.2016.

Frech, M. (2015). Participation Interprofessional Congress: Children with mentally ill Parents. Pro Mente Sana, Interlaken, 24.10.2016.

Frech, M. (2015). Presentation Young Carers in Switzerland, University of Zurich, Centre for Competence in Medicine, Ethics & Law.

Leu, A., & **Frech, M.** (2015). Pflegende Kinder, Jugendliche und junge Erwachsene in der Schweiz. Mittagsveranstaltung MERH: Angehörigenpflege und Young Carers. Universität Zürich. Kompetenzzentrum Medizin – Ethik – Recht Helvetiae. Zürich, 23.09.2015.